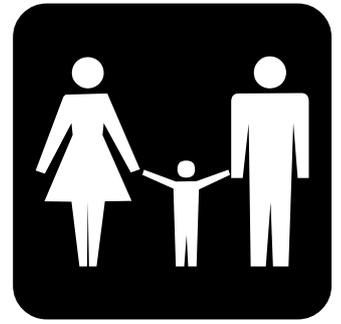


# THE GAME OF LIFE

## Our Values/Your Values

What are the family values that are important to you?  
What would you want to model and pass on to your children?

**Read the list of values which might be important in a family. Put them in order of importance to you...**



***I spend time each week doing something with each child that is fun for them.***

***My child knows that they are loved unconditionally but I will at times take issue with their behaviour.***

***I regularly tell my child that I love them and give them more praise than criticism.***

***We will have at least one meal per day altogether as a family.***

***My child knows that they can talk to me about anything, and I will listen to them.***

***I will show respect to my child by the way I treat them.***

***As a family unit we will all have responsibilities to ensure the smooth running of the home.***

***We encourage the ability to share.***

***I expect my child to show respect to others.***

***We will spend regular recreational time together as a family doing something we all enjoy.***

***I show love equally to each of my children.***

***I am aware of the individual needs of each child and will address them appropriately.***

***We support one another in good times and bad times.***

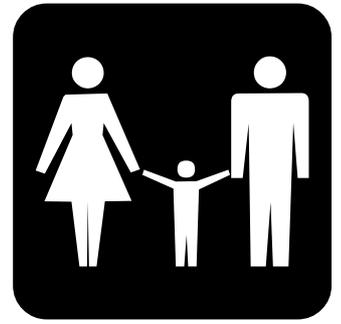
***My child can learn to take responsibility for themselves and their actions within a secure environment.***

***We have clear and stable boundaries that are known and understood by my child.***

***I encourage a healthy lifestyle both physically and emotionally.***

***My child will be able to explore and express their own opinions and beliefs in a secure environment.***

THE GAME OF LIFE  
**Our Values/Your Values**



# Living it...

**How would you show your key values in these situations?**

**It's Friday night and your daughter is off to a party – she arrives downstairs in an outfit designed to get attention!**

*Your value: That it is important to look respectable.*

*Their value: That it is important to look good!*

**You've had a phone call from your son's form tutor talking about his behaviour in the classroom, and his overdue homework.**

*Your value: That it's important to show respect and to achieve full potential.*

*Their value: That it's important to fit in with their class mates and not look a 'geek'!*

**Your child's friends have parents who give them the freedom to stay out late every night and be on the streets with a group of other teens.**

*Your value: That it's important to know where they are, and have them home at a pre-arranged time (particularly on a school night).*

*Their value: That it's important to be allowed freedom and to be treated like a grown up!*

**Over the past weeks your child has been skipping their household chores, and others have had to step in and cover them.**

*Your value: That it's important as a family unit that we all have responsibilities to ensure the smooth running of the home.*

*Their value: That it's important to have a social life, and chores get in the way of other more important activities, anyway it's not their responsibility to keep the house tidy!*